

Actions report for 2020

"Captain Vassilis and Carmen Constantakopoulos" Foundation



A. Social support and development

Kalamata children's daycare center



Introduction

In 2020, the Foundation carried out an integrated plan across all its areas of concern (society, rural development, culture, environment). Due to the pandemic, however, special emphasis was placed on improving the National Health System's infrastructure. The following is an overview of all the actions implemented by sector of activity:

A. SOCIAL SUPPORT AND DEVELOPMENT

1. Holy Archdiocese of Athens

Description:

In 2020, the Holy Archdiocese of Athens received further support for its summer camps, which accept children on the basis of financial criteria. Each year the camps host approximately 1,000 children and youths.

2. Holy Metropolitan Church of Messinia – General Benevolence Fund

Description:

No relevant request was made.

3. Holy Archdiocese of Athens

Description:

The Holy Metropolitan Church of Messinia continued to receive support for its scholarships to students facing financial difficulties. Four scholarships were awarded in 2020.

4 Holy Metropolitan Church of Nea Ionia

Description:

For the second consecutive year, the Foundation supported the children's camps that are under the Holy Metropolitan Church of Nea Ionia. The camps welcome children from families facing financial difficulties.

5. Kalamata children's daycare center

Description:

In 2020, 83 children in total are attending the creative pursuits programs. Since the opening of the center, 179 children have attended in total (105 boys and 74 girls).

Moreover, 80 parents have attended/are attending adult training programs (English language lessons, computer lessons, etc.), and 36 people have found a job through the center, 24 of whom still hold this position today (67%). During the year, 11 parents continued to receive individual parent counseling by a social worker.

6. New refugee integration program

Description:

The "Stepping Stone" program has been designed by METAdrasi and the CVF, and has been implemented by METAdrasi, with the Foundation's support. "Stepping Stone" aims at providing the necessary support for the integration of new refugees who wish to remain in Greece, by offering basic education and vocational training. The Foundation is actively involved in procuring practices and resources for the operation of the program. 2020 saw positive results in the beneficiaries' progress, despite the difficulties brought on by the pandemic. More specifically, 1,179 new refugees entered the program, 513 of whom attended the Greek language course. Moreover, 338 people attended vocational counseling appointments and 67 found a job.

7. Social clubs and associations of Athens and Messinia

Description:

In 2020, six clubs and associations, such as the Children's Initiative, the Panhellenic Association of Patients with Thalassemia and "Iliaktida," received small funding from fundraising actions.

8. Equipment of schools of Messinia

Description:

In 2020, due to the lockdowns and the introduction of e-learning, the schools that asked us for and received support were only two: the 10th Gymnasium of Messini and the Gymnasium of Diavolitsi (500€ + 579.01€ respectively).

Support for the action of the "Association of Friends of People with Special Needs" in Kalamata

Description:

The "Association of Friends of People with Special Needs" is one of the most active associations in the support of the disabled in Messinia. Its activities center on the rehabilitation of people with disabilities as well as on encouraging networking opportunities and providing mutual support for these vulnerable groups. For the 6th consecutive year, the "Association of Friends of People with Special Needs" is organizing evening creative pursuits programs for people with disabilities, which are also attended by more than 25 children. The "Captain Vassilis and Carmen Constantakopoulos" Foundation supported the Association's actions by covering the salary of an occupational therapist.

10. University of Peloponnese – Evaluation of Greek non-profit organizations

Description:

The action concerned a donation toward the University of Peloponnese to aid the research on the operation of nonprofit organizations in Greece. The sponsorship took place for the third and final year.

New refugee integration program



11. Support points

















A stray-free Messinia















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Description:

More specifically:

The aim of the program is on the one hand to support original small-scale actions of maximum social impact, which will benefit vulnerable social groups, and on the other hand to improve the facilities of the organizations involved. The Foundation supported the thematic unit titled "Support for actions for children – Children and health" by funding three programs. Each program received the amount of 5,000 €.

"Merimna": The aim of this program was the operation of a hotline offering psychological support to families with a child with a short life expectancy.

"Openus": The aim of this program was to run a training course for children providing them with skills to build their mental resilience.

"ZOES": The aim of this program was to develop friendly bonds between children with cancer and trained dogs.

12. Scholarships in memory of P. Foteas

Description:

The Municipality of Kalamata, funded by the Foundation, granted five scholarships to university students from Messinia. The CVF scholarships, in memory of P. Foteas, are awarded every year to new students based on criteria of excellence and income, and continue for four years, depending on the students' performance.

13. Dog's Voice

Description:

Due to the pandemic, the actions for 2020 have been postponed. The expenses in question concern 2019.

14. Anatolia College

Description:

The Foundation supported the College's efforts to build the new Anatolia Elementary Learning Complex. More specifically, it covered its equipment costs.

15. "Convergences"

Description:

Postponed because of the pandemic.

16. The Hellenic Society for the Protection and Rehabilitation of Persons with Disabilities (ELEPAP), Western Greece

Description:

"Margarita"



Considering the long-standing contribution of ELEPAP to Greek society, the Foundation supported the branch at Agrinio that caters to children from Western Greece and the Peloponnese. ELEPAP provides integrated rehabilitation services to children with disabilities based on socio-economic criteria.

17. "Aurora"

Description:

The "Aurora" organization aims to improve the care provided to leukemia patients and support their families. Providing housing for low-income families during these difficult times is one of the many services it offers.

18. Municipality of Trifilia – Scholarships

Description:

The financial aid concerned the awarding of scholarships to the four excelling students at the national-level examinations from the high schools of Gargaliani, Filiatra and Kyparissia, and the Vocational School of Kyparissia. More specifically, each student received € 1,000.

19. Cultural Association of Korifassio

Description:

At the request of the local cultural association, the Foundation provided financial support toward the repair of the playground located at the village's central square, adhering to European safety standards.

20. Central Port Authority of Kalamata

Description:

Within the same year, the Foundation has twice undertaken the task of repairing and maintaining the patrol boat PLS 143, which takes part in research and rescue missions.

21. Kalamata General Hospital

Description:

In 2020, a series of donations took place toward the Kalamata General Hospital. More specifically:

- 7,692 FFP2 masks against the pandemic were bought.
- 11,000 FFP2 masks against the pandemic were donated by Costamare associates, and more specifically by Zhou Yi.

22. "Desmos"

Description:

The wish of the Papalexopoulos family was for the donations in memory of Th. Papalexopoulos to be made to the non-profit organization "Desmos." The work of "Desmos" centers on creating sustainable networks between those who want to help.

23. ELIAMEP (Hellenic Foundation for European and Foreign Policy)

Description:

The Foundation's provided its financial support in carrying out a study program of Erdogan's Turkey. The aim was to gather researchers from all over the world to study the political, social, economic and foreign policy of Turkey.

24. Triantafillakis Ilias – Coverage of personal medical costs

Description:

The financial support concerned the health of Mr. Triantafillakis' and Ms. Prezerakou's daughter. The family had only recently moved to Kalamata, when their daughter's health was compromised. The operation and treatment had to take place in the USA.

25. University of Peloponnese

Description:

The financial aid to the University of Peloponnese concerned the organization of the 4th Conference of Development & Finance, which would be held in Kalamata.

26. "Estia"

Description:

"Estia" is an association for children with special needs. Like every year, good luck charms were purchased for the New Year with the aim of supporting the association.

27. Panhellenic Association of Retired Captains

Description:

Financial aid was given to cover the salary costs to preserve the position of the secretariat, and consequently the Panhellenic Association of Retired Captains.

28. "Aghios Alexandros" shelter for girls

Description:

The shelter is located in Paleo Faliro and provides accommodation and support to female minors. With this donation the CVF supported their social work in general.

29. Social Grocery of Messini

Description:

The Foundation subsidized the Social Grocery of the Municipality of Messini in order to provide meals for the participating families during the Christmas holidays.

30. Greek Embassy in Washington

Description:

Financial aid was given to create a plan and repair an old building that came into the hands of the Greek Embassy. The goal was to renovate it so it could function as the residence of the Greek Ambassador and also be able to host events.

31. "OXI" Day Foundation

Description:

Every year, the "OXI" Day Foundation awards cash prizes to people who have contributed to the protection of freedom and democracy. For 2020, the honored persons came from the field of health, and specifically from the COVID-19 frontline.

32. "SYN ENOSIS"

Description:

The financial aid toward the company concerned the fulfillment of the objectives of the Greek shipping community's social contribution program.

33. "SYN ENOSIS"

Description:

The specific financial contribution was made to the Hellenic Coast Guard in the form of 10 high-speed Rafnar patrol boats. According to the company's distribution table, the Foundation's donation covered the needs of the Port Authority of Kalymnos.

Description:

"SYN ENOSIS"

34.

A large part of the donations made in 2020 concerned actions against the pandemic in the country. This specific donation helped purchase hospital respirators in order to support the National Public Health system.

35. Greek Tourism Enterprises Association

Description:

Through the Greek Tourism Enterprises Association, one more donation was made toward the support of the National Public Health system. More specifically, two intensive care unit respirators were bought.

36. "SYN ENOSIS"

Description:

One more collaboration with "SYN ENOSIS" against the pandemic concerned the purchase of a great amount of masks, which were delivered to the "Evangelismos" General Hospital.

37. "Karkinaki" ("Young Cancer")

Description:

Through the "Active Media" company, a love auction was held in Costa Navarino, and the money raised was donated to the "Karkinaki" ("Young Cancer") association, which deals with childhood cancer.

















38. Saint Catherine Foundation

Description:

The CVF supported for one more year the work of the Saint Catherine Foundation.

39. "Evangelismos" General Hospital

Description:

This hospital was also supported in the fight against the pandemic, with the provision of more than 3,000 masks.

40. General Hospital of Kalamata

Description:

The financial aid concerned the creation of a plan for the expansion of the psychiatric clinic.

41. "Evangelismos" General Hospital – General Hospital of Kalamata

Description:

The following were purchased and delivered to the above hospitals: 660 Galaxy sheets, 125 Galaxy pillowcases $\kappa\alpha$ I 125 pillows.

42. National & Kapodistrian University of Athens Description:

The Foundation made a donation to the University in order to support the program "Epidemiological study for COVID-19." More specifically, a water cooler and an automated device for the extraction of genetic material were purchased.

43. University of Piraeus

Description:

The donation to the University of Piraeus was made in the form of two scholarship sponsorships for the Department of Financial and Banking Administration.

44. "Gennimatas" General Hospital

Description:

The donation to the "Gennimatas" General Hospital concerned the purchase of an X-Ray machine with digital detector.

45. Pylos Health Center, Athens hospitals

Description:

Donations in this category concerned the purchase of small quantities of masks and devices (e.g. oximeters).

46. Municipality of Messini

Description:

The financial aid concerned the purchase of 30 tablets to be given to families facing financial difficulties, so that the children can attend their virtual classes.



47. "Evangelismos" General Hospital

Description:

In 2020, a series of donations were made to the "Evangelismos" General Hospital. More specifically, cameras were installed in the intensive care units.

48. The American College of Greece

Description:

The specific donation was made in memory of Dr. Sue Horner.

49. Special Vocational Training Workshop, Kalamata

Description:

The action concerned the intervention of the Foundation in order to build a greenhouse with the aim of helping people develop their professional skills.

50. Amigdaleza Officers' School

Description:

The specific financial contribution was aimed at the purchase and installation of air conditioners at the Officers' School of the Hellenic Police.

51. Youth Entrepreneurship Association

Description:

The Foundation became involved in the Youth Entrepreneurship Association in order to contribute to the Ministry of Education's efforts to strengthen the digital infrastructure of every school unit in the country. We focused on the schools of Messinia, where 57 tablets were distributed.

52. Kordilas Ioannis

Description:

The financial aid concerned fundraising for 16-year-old loannis Kordilas, who is suffering from leukemia, so that he could go to the USA for treatment.

53. Central Port Authority of Pylos

Description:

In recent years, the "Captain Vassilis and Carmen Constantakopoulos" Foundation has been a steady supporter of the efforts of the Central Port Authority of Pylos. Likewise, in 2020, the Foundation offered financial support twice: It assisted in the purchase of two new photocopying machines and in the maintenance of an older one, and it took on the repair of an official vehicle.

54. Athletic Association of Paleo Faliro

Description:

The Athletic Association of Paleo Faliro comprises women's and men's water polo, swimming, basketball, and track and field teams, which have achieved significant distinctions at national level. During the lockdowns, the Foundation supported the Association's personnel by covering part of their salary.

55. Piraeus Association of Parents, Guardians & Friends of People With Disabilities

Description:

The financial support offered by the Foundation to the Association concerns the implementation of the "Vacation in the City" program, where for five weeks children alternately enjoy excursions at the sea and sports activities.

56. Associations & institutions outside of Messinia

Description:

The Foundation supported various public benefit organizations and institutions (schools, security forces, etc.) with amounts up to €1,000, mainly in Athens and remote areas.

57. Associations of Messinia

Description:

The Foundation supported various public benefit organizations with amounts up to €1,000 in the regional unit of Messinia.

58. Limassol Kindergarten

Description:

This donation was made in memory of Kathleen E. Lianitis.

59. Regional Fire Department of the North Aegean

Description:

The Foundation helped build wardrobes to improve firefighters' facilities.

60. Kalogeropoulos Odysseas - SAE

Description:

The Foundation covered the entire scholarship of Kalogeropoulos Odysseas, a student at the SAE college, which specializes in the creative media industry.

B. RURAL DEVELOPMENT



1. Center for Agri-Food Entrepreneurship in Messinia (CAEM)

Description:

In 2020, the CAEM's educational programs continued. They all took place online as the pandemic did not allow for physical presence; nevertheless, more than 80 people attended. Regarding the rest of the CAEM's activities, the program for smart farming and the implementation of new practices also continued. More specifically, a cluster was created in the Peloponnese, which in collaboration with similar clusters in Greece and Europe will allow the local chamber to support the exporters of the agri-food sector with targeted information and advice. Moreover, sensors were installed to monitor field conditions and to provide cultivation advice. Active microorganisms and amino-16 were applied to improve the quality and fertility of the soil, and to fortify plants against fungal diseases.

2. Gastronomy seminars

Description:

Didn't take place because of the coronavirus.

3. Rural research programs

Description:

No significant proposals were submitted during the year mainly due to the universities underfuctioning because of the coronavirus.

4. CVF seminar on rural development

Description:

Didn't take place.

5. Continuation of olive oil tasting educational program

<u>Description</u>: Didn't take place because of the coronavirus.

6. Kalamata Olive Oil Festival

Description: Didn't take place because of the coronavirus.

7. International olive oil competition

Description: Didn't take place because of the coronavirus.

8. Agricultural Exhibition of Filiatra

Description: Didn't take place because of the coronavirus.

9. Support for the "Vamvakous" program

Description:

Didn't take place.

10. Training of Messinian fishermen in fishing tourism

Description:

The program was aimed at fishermen interested in converting their fishing boats so that they can be used to transport visitors for fishing tourism. Thirty-five fishermen were informed and trained.

11. "Routes of the Olive"

Description:

The financial aid to the organization "Routes of the Olive" was made to support its implementing the UNESCO program "Routes of the Olive, a journey of culture, sustainable development and dialogue between people."





Description:

1.

The excavation was canceled because of the coronavirus.

University of Missouri

2. Oxbelly

Description:

The financial aid concerned the organization of the annual meeting of internationally renowned filmmakers in Greece. Only the online workshops took place.

3. Oxbelly

Description:

The summer training program did not take place because of the coronavirus.

4. Kalamata Dance Festival

Description:

The "Captain Vassilis and Carmen Constantakopoulos" Foundation has been a steady supporter of the Kalamata International Dance Festival since 2015. The Festival is one of the top activities of the city's International Dance Center. The CVF was the first private sponsor of the Festival, and now others have followed suit. Its contribution has been highly appreciated by the Municipality of Kalamata and all others involved. In 2020, the 26th Festival took place.

5. Kalamata Conservatory

Description: Action not implemented.

6. Cultural associations of Kalamata

Description:

Unions and associations of Kalamata and Western Messinia are asking for support in 2020 in order to continue their work. Among them are the Experimental Stage of Kalamata, the Cultural Association of Marathopolis, the Center for Creative Documentary, the Athletic Association of Trifilia "Dion o Kyparissefs," and others.

7. Cultural August at Diavolitsi

Description:

Didn't take place because of the coronavirus.

8. Archaeological Society at Athens

Description:

The archaeological excavation at Thouria, located approximately 10 kilometers northwest of Kalamata, began in 2007 under the direction of then head of the 38th Ephorate of Antiquities Dr. Xeni Arapogianni, and continues to this day under the auspices of the Archaeological Society at Athens and Dr. Arapogianni as Director Emerita. In 2020 continued the unveiling of the city's ancient theater.

9. University of Cincinnati

C. CULTURE

Kalamata Dance Festival

Agricultural Exhibition of Filiatra



Description:

In 2015, Jack Davis and Sharon R. Stocker of the University of Cincinnati discovered an unplundered shaft tomb with rich burial offerings near the Mycenaean Palace of Nestor in Ano Eglianos, Chora, at the Municipality of Pylos-Nestor. The tomb, which belonged to a warrior, dates to approximately 1500 BC (Late Helladic II period) and constitutes the most impressive exhibition of prehistoric wealth in burial tombs in continental Greece to have come to light in the last sixty-five years. The "Captain Vassilis and Carmen Constantakopoulos" Foundation has taken on the task of identifying and conserving the findings since 2016. In 2017, the cleaning and maintenance of a unique agate ring became an occasion for the resurgence of interest in the site internationally. In 2020, the excavations focused on the discovery of a new yault.

10. Wheelchair tennis champion Yiorgos Lazaridis

Description:

The Foundation is supporting the efforts of world wheelchair tennis champion Yiorgos Lazaridis. In the previous year he participated in 17 tournaments in 10 countries (3 tournaments in Turkey, 3 in Croatia, 2 in Romania, 2 in Portugal, 2 in Israel and one each in Lithuania, Ukraine, Austria, the UK and Bulgaria). Of course, he also participated in the Ancient Messene Open tournament, which he himself inspired. Yiorgos Lazaridis also visited schools in Kalamata, Athens, Meligalas, Kardamili and Messini. For 2020, his efforts were focused on his participation in the Tokyo Paralympics.

11. Athletic Club of Diavolitsi

Description:

The children's football team of the local club received support.

12. Bicentennial of the Greek Revolution of 1821

Description:

The National Bank of Greece took on the initiative of coordinating the Foundations to carry out a series of joint actions in view of the celebration of the bicentennial of the Greek Revolution of 1821. The initiative is in progress, with some actions already in the planning process.

13. Kalamata Drama School Festival

Description:

The Kalamata Drama International Summer School (KaDISS) is a new, intensive 3-week drama program for a limited number of participants, taught in English, which takes place annually in the city of Kalamata.

14. Research Center for the Humanities

Description:

Financial aid was given toward the research project "The Greek Revolution of 1821: Digital Archive," more specifically for its translation into English.





15. "Diazoma," General Assembly

Description:

Didn't take place because of the coronavirus.

16. Church of the Holy Mother of Galaxas, Thalassokratousa Description:

This year's financial support concerned the iconography of this church located in Galaxidi.

17. Municipality of Messini

Description:

The request concerned the financial assistance to the Municipality of Messini in order for the town to hold festive events during the carnival season.

18. Morias '21

Description:

In 2020 began the preparations for the actions of the cultural tourism festive program for the Peloponnese, on the occasion of the bicentennial of the Greek Revolution.

19. MPT Foundation

Description:

Financial support was given to the non-profit foundation MPT for the organization of cooking lessons with Diane Kochilas, which would be broadcast on US television.

20. Kalamata Music School

Description:

The donation concerned the purchase of musical instruments that the school was lacking.

D. ENVIRONMENT



1. HELMEPA

Description:

Costamare's annual donation to HELMEPA takes place via the Foundation. HELMEPA is an environmental education program that offers to approximately 6,500 young students who become volunteer members the annual opportunity to be informed and take action for the protection of our country's marine environment.

2. Connecting biodiversity & entrepreneurship

Description:

The action did not take place.

3. Program for the care of wildlife

Description:

The action concerns the support of organizations dealing with the protection and care of wild animals.

4. Area clean-up

Description:

The action did not take place.

5. Cetacean program, June

Description:

The program concerns the recording and scientific documentation of the populations and the state of movements of cetaceans in the Ionian Trench, as well as the threats facing this class of mammals.

6. Navarino Challenge

Description:

The program concerned the support offered by the participants in the Navarino Challenge to fundraising events of organizations that the Foundation supported during the year ("Karkinaki" and WWF).

7. Green Tank

Description:

Financial aid was given to support the Peloponnese Region in submitting its proposals for the creation of the new Regional Program based on the environmental requirements laid out by the European Union.